

# WPC Bench Press & Deadlift Finnish Nationals – Juva Finland

## 26 MAR 2017

### Raw Bench Press

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Coeff Score	Age & Coeff	PI code	PI-Div-WtCl
Raimo Sipiläinen	67	M-M6-R	110,9	125	155	160	-162,5		160	89,888	138,697184	1	1-M-M6-R-125
Ville Sieppi	29	M-O-R	89,7	90	195	207,5	212,5		212,5	130,2625	0	2	1-M-O-R-90
Jani Turtiainen	36	M-O-R	100,9	110	200	210	215		215	124,77525	0	3	1-M-O-R-110
Billy Haavisto	51	M-M3-R	113,6	125	180	-190	190		190	105,9915	121,5722505	4	1-M-M3-R-125
Reijo Marin	57	M-M4-R	109,6	110	160	170	-175		170	95,727	121,381836	5	1-M-M4-R-110
Timo Seppänen (master)	41	M-O-R	115,2	125	200	-215	215	-220	215	119,54	120,7354	6	2-M-O-R-125
Marko Brusila	47	M-M2-R	88,5	90	175	-180	180		180	111,186	120,303252	7	1-M-M2-R-90
Eduard Khanjyan	31	M-O-R	113,5	125	205	215	-220		215	119,95925	0	8	1-M-O-R-125
Timo Seppänen (open)	41	M-M1-R	115,2	125	200	-215	215	-220	215	119,54	0	9	1-M-M1-R-125
Pasi Mehtälä	43	M-M1-R	134,1	140	192,5	205	212,5	215	212,5	113,974375	117,5075806	10	1-M-M1-R-140
Hannu Koskinen	35	M-O-R	98,1	100	185	195	-205		195	114,29925	0	11	1-M-O-R-100
Virpi Knuutila (master)	49	F-M2-R	87,2	90	112,5	120	125	127,5	125	95,11875	105,8671688	12	1-F-M2-R-90
Tuomas Mononen	26	M-O-R	89,9	90	160	170	-175		170	104,4225	0	13	2-M-O-R-90
Sami Salonen	47	M-M2-R	138,2	140	170	180	-190		180	95,877	103,738914	14	1-M-M2-R-140
Miiko Kyötinen	20	M-J-R	93	100	160	172,5	-180		172,5	103,72425	0	15	1-M-J-R-100
Jouni Rautio	26	M-O-R	76,2	82,5	-145	150	-160		150	102,0825	0	16	1-M-O-R-82,5
Jani Virtanen	21	M-J-R	96,2	100	-165	165	172,5		172,5	102,0165	0	17	2-M-J-R-100
Hanna Turtiainen	31	F-O-R	58	60	95	100	-102,5		100	101,49	0	18	1-F-O-R-60
Klaus Renfors (master)	44	M-M1-R	98,1	100	157,5	162,5	165,5	167,5	165,5	97,007825	101,1791615	19	1-M-M1-R-100
Jere Marttila	55	M-M4-R	96,7	100	120	130	137,5		137,5	81,118125	99,36970313	20	1-M-M4-R-100
Jussi Kananen	32	M-O-R	150,6	SHW	180	190	-192,5		190	99,3035	0	21	1-M-O-R-SHW
Marcus Young	52	M-M3-R	86,3	90	125	130	135		135	84,62475	98,58783375	22	1-M-M3-R-90
Klaus Renfors (open)	44	M-O-R	98,1	100	157,5	162,5	165,5	167,5	165,5	97,007825	0	23	2-M-O-R-100
Virpi Knuutila (open)	49	F-O-R	87,2	90	112,5	120	125	127,5	125	95,11875	0	24	1-F-O-R-90
Vanessa Torres	30	F-O-R	59,2	60	95	-97,5	-97,5		95	94,84325	0	25	2-F-O-R-60
Aimo Mursu	74	M-M7-R	81,7	82,5	70	80	0		80	51,896	93,15332	26	1-M-M7-R-82,5
Mikko Mäntymäki (master)	45	M-M2-R	98,9	100	145	150	-155		150	87,8025	92,6316375	27	1-M-M2-R-100
Jorma Mäkeläinen	40	M-M1-R	96,5	100	150	155	-160		155	91,5275	91,5275	28	2-M-M1-R-100
Tero Vuorio	36	M-O-R	123,9	125	150	165	-180		165	90,321	0	29	3-M-O-R-125
Mira Mustonen	46	F-M2-R	74,4	75	85	95	100		100	84,065	89,78142	30	1-F-M2-R-75
Mikko Mäntymäki (open)	45	M-O-R	98,9	100	145	150	-155		150	87,8025	0	31	3-M-O-R-100
Elina Kulmala (master)	41	F-M1-R	88,4	90	100	115	-125		115	86,825	87,69325	32	1-F-M1-R-90
Petri Mäkinen	53	M-M3-R	89,3	90	120	-127,5	-127,5		120	73,746	87,315264	33	2-M-M3-R-90
Elina Kulmala (open)	41	F-O-R	88,4	90	100	115	-125		115	86,825	0	34	2-F-O-R-90
Majju Hilander	59	F-M4-R	73,6	75	60	70	75		75	63,51	83,51565	35	1-F-M4-R-75
Eemeli Salomäki	29	M-O-R	73,1	75	110	117,5	-122,5		117,5	82,47325	0	36	1-M-O-R-75
Krista Pellikka	29	F-O-R	67,2	67,5	-90	90	-100		90	81,252	0	37	1-F-O-R-67,5
Leena Stålstedt (master)	48	F-M2-R	78,8	82,5	80	90	-95		90	72,8595	79,9268715	38	1-F-M2-R-82,5
Maks Lairionov	21	M-J-R	78,2	82,5	105	112,5	117,5		117,5	78,507625	0	39	1-M-J-R-82,5
Leena Stålstedt (open)	48	F-O-R	78,8	82,5	80	90	-95		90	72,8595	0	40	1-F-O-R-82,5
Satu Lampikari-Olli	44	F-M1-R	74,2	75	82,5	-85	-85		82,5	69,477375	72,46490213	41	1-F-M1-R-75
Kalle Ryhtä	39	M-O-R	49,2	52	60	-65	65		65	66,8655	0	42	1-M-O-R-52
Carolina Aftab	33	F-O-R	58,7	60	50	55	-60		55	55,2805	0	43	3-F-O-R-60
Vladlen Astaptsev	52	M-M3-R	75	75	80	0			80	55,084	64,17286	44	1-M-M3-R-75
Keit Kaljukivi	23	M-J-R	78,9	82,5	-105	110	-117,5		110	73,381	0	Guest	2-M-J-R-82,5
Kimmo Nevala	45	M-M2-R	96,5	100	-160	-160	-160		0	0	0	-	0

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### Equipped Bench Press

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Coeff Score	Age & Coeff	PI code	PI-Div-WtCl
Tapio Laine	64	M-M5	123,3	125	-240	-240	240		240	131,388	190,5126	1	1-M-M5-125
Jarno Rajala	43	M-M1	140,2	SHW	275	285	0		285	151,32075	156,0116933	2	1-M-M1-SHW
Reijo Marin	57	M-M4	109,6	110	-200	200	0		200	112,62	142,80216	3	1-M-M4-110
Arttu Wahlström	30	M-O	81,2	82,5	200	-210	-218		200	130,26	0	4	1-M-O-82,5
Mikko Matikainen	27	M-O	100	100	210	217,5	-225		217,5	126,43275	0	5	1-M-O-100
Janne Nissilä	25	M-O	92,9	100	-190	190	-202,5		190	114,6365	0	6	2-M-O-100
Petteri Hosio	37	M-O	108,9	110	-342,5	-342,5	-342,5		0	0	0	-	0

### Raw Deadlift

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	Coeff Score	Age & Coeff	PI code	PI-Div-WtCl
Aimo Mursu	74	M-M7-R	81,7	82,5	160	175	185		185	120,0095	215,4170525	1	1-M-M7-R-82,5
Kauko Viitala	78	M-M8-R	80,9	82,5	140	150	-155		150	98,355	192,874155	2	1-M-M8-R-82,5
Janne Rissanen	31	M-O-R	92,2	100	302,5	315	-322,5		315	190,26	0	3	1-M-O-R-100
Maiju Hilander	59	F-M4-R	73,6	75	150	160	170		170	143,956	189,30214	4	1-F-M4-R-75
Eduard Khanjyan	31	M-O-R	113,5	125	325	-342,5	0		325	181,33375	0	5	1-M-O-R-125
Rane Ovaska	56	M-M4-R	81	82,5	200	215	-222,5		215	140,25525	174,7580415	6	1-M-M4-R-82,5
Billy Haavisto	51	M-M3-R	113,6	125	265	-277,5	0		265	147,83025	169,5612968	7	1-M-M3-R-125
Ahti Korkea	47	M-M2-R	100,6	110	200	240	265	273	265	153,66025	166,2603905	8	1-M-M2-R-110
Antti Lamponen	50	M-M3-R	120,3	125	230	250	260		260	143,169	161,78097	9	2-M-M3-R-125
Ilkka Mäkelä	33	M-O-R	89,7	90	245	260	-275		260	159,38	0	10	1-M-O-R-90
Sanna Purhonen	31	F-O-R	65	67,5	160	170	-182,5		170	157,5305	0	11	1-F-O-R-67,5
Mikko Mäntymäki (master)	45	M-M2-R	98,9	100	235	250	-262,5		250	146,3375	154,3860625	12	1-M-M2-R-100
Miiko Kyöttinen	20	M-J-R	93	100	-200	225	250		250	150,325	0	13	1-M-J-R-100
Mikko Mäntymäki (open)	45	M-O-R	98,9	100	235	250	-262,5		250	146,3375	0	14	2-M-O-R-100
Pasi Mehtälä	43	M-M1-R	134,1	140	240	250	262,5	270	262,5	140,791875	145,1564231	15	1-M-M1-R-140
Jere Marttila	55	M-M4-R	96,7	100	170	190	200		200	117,99	144,53775	16	1-M-M4-R-100
Jyrki Virtanen	43	M-M1-R	91	100	190	210	-225		210	127,722	131,681382	17	1-M-M1-R-100
Tero Vuorio	36	M-O-R	123,9	125	200	230	240		240	131,376	0	18	2-M-O-R-125
Carolina Aftab	33	F-O-R	58,7	60	115	125	-135		125	125,6375	0	19	1-F-O-R-60
Natalia Gadolin	23	F-J-R	93,5	SHW	150	170	-175		170	125,001	0	20	1-F-J-R-SHW
Petri Mäkinen	53	M-M3-R	89,3	90	150	160	165		165	101,40075	120,058488	21	1-M-M3-R-90
Kalle Ryhtä	39	M-O-R	49,2	52	100	105	110		110	113,157	0	22	1-M-O-R-52
Leena Stålstedt (master)	48	F-M2-R	78,8	82,5	120	-155	0		120	97,146	106,569162	23	1-F-M2-R-82,5
Leena Stålstedt (open)	48	F-O-R	78,8	82,5	120	-155	0		120	97,146	0	24	1-F-O-R-82,5

### Equipped Deadlift

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	Coeff Score	Age & Coeff	PI code	PI-Div-WtCl
Seppo Laukkanen	54	M-M3	105,3	110	280	290	-296		290	165,329	199,056116	1	1-M-M3-110-SP
Miikka Heikkinen	41	M-M1	110,8	125	305,5	320	-325		320	179,632	181,42832	2	1-M-M1-125-SP
Mikko Matikainen	27	M-O	100	100	250	-270	270		270	156,951	0	3	1-M-O-100-MP
Antti Kousa	42	M-M1	113,9	125	260	-280	0		260	145,067	147,96834	4	2-M-M1-125-MP